# Ourselves

Personal, Social and Emotional Development

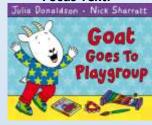


## Settling-in

We acknowledge that following Lockdown the children will need time and space to settle into school life with special care and love.



#### Focus Text:





## Only one you

We will celebrate the uniqueness of ourselves and each other



We will reflect on our feelings ... what makes you happy or sad?



We will think about the people in our lives that are special to us.



Where do we live? Who lives with us? Places where I feel safe and happy.

### Looking after myself

We will learn about what our bodies need to keep healthy; exercise, diet and hygiene.



### Knowledge Organiser Nursery - Autumn 1 2020

PRIME AREA: Personal, Social and Emotional Development

		Training and a control of the contro		
		Making Relationships	Self-confidence and self-awareness	Managing Feelings and Behaviour
	By <b>36m</b> 31-36m	Will approach familiar adults when upset, excited or wants to play.	Expresses own preferences, needs and interests.	Is able to explore or try out a new activity or experience with adult support.
	By <b>42m</b> 37-42m	Will willingly approach others to play.	Shows an awareness of the feelings of others.	Can tolerate delay when feelings are not met immediately and accepts that wishes may not always be met.
	By <b>48m</b> i3-48m	Can play in a group with friends, suggesting ideas.	Can initiate an interaction with other children.	Is able to adapt behaviour to changes in routine.
	By <b>54m</b> 49-54m	Has a good relationship with peers and familiar adults.		Is able to take turns, accepts the needs of others and is aware of consequences of own actions.
	By <b>60m</b> 55-60m	Confidently initiates conversations with unfamiliar adults and is able to compromise in social situations.	Confident to talk about their own needs, wants, interests and opinions and when they do or don't need help. Is willing to try something new.	following rules, adapting their

#### Vocabulary

We are learning to use and understand these words:

nursery, school, teachers, happy, nursery rules, listen, learn, different, same, similar, like, dislike, body parts, unique, self-portrait,

feelings, emotions, happy, sad, cross, hurt, scared, confused, proud, grumpy, excited, frustrated, worried, family, mum, dad, brother, sister, gran, grandad, aunt, uncle, relatives, weddings, parties, home, a place to live, safe, places at home, healthy, active, exercise, eat, diet, wash, hygiene.