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| **Summer 2 2021** |
|  | **Week 1HWB** | **Week 2HWB** | **Week 3 HWB** | **Week 4HWB** | **Week 5 HWB** | **Week 6 HWB** |
| Year 5**NB Puberty Lesson 1 (CWP Resources)to be delivered in Science** |  **Puberty Lesson 2 (CWP Resources)**To understand male and female puberty changes in moredetailLearning OutcomesUnderstand how puberty affects the reproductive organsDescribe what happens during menstruation and spermproduction | **Puberty Lesson 3 (CWP Resources)**To explore the impact of puberty on the body and theimportance of physical hygieneTo explore ways to get support during pubertyLearning OutcomesExplain how to keep clean during pubertyExplain how emotions/relationships change during pubertyKnow how to get help and support during puberty\*Learn that that female genital mutilation (FGM) is against British law¹\*learn what to do and whom to tell if they think they or someone they know might be atrisk of FGM | \*learn that for some people their gender identity does not correspond with their biological sex \*learn how to recognise, respect and express their individuality and personal qualities | **First Aid**\*Learn how to identify when situations are becoming risky, unsafe or an emergency\*Learn how to identify occasions where they can help take responsibility for their own safety\*learn to differentiate between positive risk taking (e.g. trying a challenging new sport) anddangerous behaviour\* Learn how to respond in an emergency, including when and how to contact differentemergency servicesto identify when situations are becoming risky, unsafe or an emergency | **First Aid**\*learn how to deal with common injuries using basic first aid techniques\*revise how to identify when situations are becoming risky, unsafe or an emergency\*revise how to identify occasions where they can help take responsibility for their own safety | **REVIEW THE YEAR-****Positives****Room for improvement****What needs to change?****What’s missing?** |
| **Resources** | CWP RSE Resources (PHSE Staff Work) | CWP RSE ResourcesPSHE Association FGM Resources (PHSE Staff Work) | Premier League Primary Stars | **Risk Resources PSHE Staff Work**PHSE Gamble Aware Lesson 1 | Red Cross website[Learn basic first aid - teaching resources | First aid champions (redcross.org.uk)](https://firstaidchampions.redcross.org.uk/) |  |
|  | **Week 1 HWB** | **Week 2 HWB** | **Week 3 HWB** | **Week 4 HWB** | **Week 5 HWB** | **Week 6 HWB** |
| Year 6 | From Summer Term 1\*learn about the organisations where people can get help and support concerning drug use\*learn how to ask for help if they have concerns about drug use\* learn about mixed messages in the media relating to drug use and how they mightinfluence opinions and decisions | \*learn how to protect personal information online\*learn to identify potential risks of personal information being misused[Every Mind Matters teaching resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/every-mind-matters-teaching-resources)**NB Make links to Spring term 2 objectives** | \*learn strategies for dealing with requests for personal information or images of themselves\* learn to identify types of images that are appropriate to share with others and thosewhich might not be appropriate\*learn that images or text can be quickly shared with others, even when only sent to oneperson, and what the impact of this might be\* learn what to do if they take, share or come across an image which may upset, hurt orembarrass them or others\* learn how to report the misuse of personal information or sharing of upsetting content/images online**NB Make links to Spring term 2 objectives** | CWP Puberty Lesson 2 Communication in Relationships\*Explain differences between healthy and unhealthy relationships\*Know that communication and permission seeking are important{CWP Puberty Lesson 1-Puberty and Reproduction- to be delivered to all Year 6 in Science]NB Previous Health and Wellbeing objectives covered in previous term | CWP Puberty Lesson 4 Online Relationships\*To have considered when it is appropriate to sharepersonal/private information in a relationship\*To know how and where to get support if an online relationship goes wrong{CWP PubertyLesson 3- Considering different ways people might start a family- to be delivered to all Year 6 in Science]NB Previous Health and Wellbeing objectives covered in previous term | \*learn to recognise some of the changes as they grow up e.g. increasing independence\*learn about what being more independent might be like, including how it may feel\*learn about the transition to secondary school and how this may affect their feelings\*learn about how relationships may change as they grow up or move to secondary schoolg\*learn practical strategies that can help to manage times of change and transition e.g.practising the bus route to secondary school**REVIEW THE YEAR-****Positives****Room for improvement****What needs to change?****What’s missing?** |
| **Resources** |  | [NSPCC Share Aware resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources)[City of London Police: 'Cyber Detectives' lesson plans, KS2 | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/city-london-police-cyber-detectives-lesson-plans) | [NSPCC ‘Making sense of relationships’ lesson plans and guidance (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-%E2%80%98making-sense-relationships%E2%80%99-lesson-plans)[Every Mind Matters teaching resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/every-mind-matters-teaching-resources)[NSPCC Share Aware resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources)[Trust Me by Childnet | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/trust-me-childnet)[City of London Police: 'Cyber Detectives' lesson plans, KS2 | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/city-london-police-cyber-detectives-lesson-plans) | CWP Resources | CWP Resources | [NSPCC ‘Making sense of relationships’ lesson plans and guidance](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-%E2%80%98making-sense-relationships%E2%80%99-lesson-plans) [(pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-%E2%80%98making-sense-relationships%E2%80%99-lesson-plans)[Every Mind Matters teaching resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/every-mind-matters-teaching-resources)[Mental wellbeing | Overview | PHE School Zone](https://campaignresources.phe.gov.uk/schools/topics/mental-wellbeing/overview) |

**KEY**

**HWB = Health and Wellbeing**

**● Each lesson to start with a) Setting/Recapping the Ground Rules b) Time to Talk (opportunity to share worries, subjects children wish to discuss, recent events…) c) Reflection of previous lesson d) Baseline assessment – what do the children already know about lesson focus?**

**● Anonymous suggestions/questions box to be created and kept in each class**