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| **Summer 2 2021** | | | | | | |
|  | **Week 1HWB** | **Week 2HWB** | **Week 3 HWB** | **Week 4HWB** | **Week 5 HWB** | **Week 6 HWB** |
| Year 5  **NB Puberty Lesson 1 (CWP Resources)to be delivered in Science** | **Puberty Lesson 2 (CWP Resources)**  To understand male and female puberty changes in more  detail  Learning Outcomes  Understand how puberty affects the reproductive organs  Describe what happens during menstruation and sperm  production | **Puberty Lesson 3 (CWP Resources)**  To explore the impact of puberty on the body and the  importance of physical hygiene  To explore ways to get support during puberty  Learning Outcomes  Explain how to keep clean during puberty  Explain how emotions/relationships change during puberty  Know how to get help and support during puberty  \*Learn that that female genital mutilation (FGM) is against British law¹  \*learn what to do and whom to tell if they think they or someone they know might be at  risk of FGM | \*learn that for some people their gender identity does not correspond with their biological sex  \*learn how to recognise, respect and express their individuality and personal qualities | **First Aid**  \*Learn how to identify when situations are becoming risky, unsafe or an emergency  \*Learn how to identify occasions where they can help take responsibility for their own safety  \*learn to differentiate between positive risk taking (e.g. trying a challenging new sport) and  dangerous behaviour  \* Learn how to respond in an emergency, including when and how to contact different  emergency services  to identify when situations are becoming risky, unsafe or an emergency | **First Aid**  \*learn how to deal with common injuries using basic first aid techniques  \*revise how to identify when situations are becoming risky, unsafe or an emergency  \*revise how to identify occasions where they can help take responsibility for their own safety | **REVIEW THE YEAR-**  **Positives**  **Room for improvement**  **What needs to change?**  **What’s missing?** |
| **Resources** | CWP RSE Resources (PHSE Staff Work) | CWP RSE Resources  PSHE Association FGM Resources (PHSE Staff Work) | Premier League Primary Stars | **Risk Resources PSHE Staff Work**  PHSE Gamble Aware Lesson 1 | Red Cross website  [Learn basic first aid - teaching resources | First aid champions (redcross.org.uk)](https://firstaidchampions.redcross.org.uk/) |  |
|  | **Week 1 HWB** | **Week 2 HWB** | **Week 3 HWB** | **Week 4 HWB** | **Week 5 HWB** | **Week 6 HWB** |
| Year 6 | From Summer Term 1  \*learn about the organisations where people can get help and support concerning drug use  \*learn how to ask for help if they have concerns about drug use  \* learn about mixed messages in the media relating to drug use and how they might  influence opinions and decisions | \*learn how to protect personal information online  \*learn to identify potential risks of personal information being misused  [Every Mind Matters teaching resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/every-mind-matters-teaching-resources)  **NB Make links to Spring term 2 objectives** | \*learn strategies for dealing with requests for personal information or images of themselves  \* learn to identify types of images that are appropriate to share with others and those  which might not be appropriate  \*learn that images or text can be quickly shared with others, even when only sent to one  person, and what the impact of this might be  \* learn what to do if they take, share or come across an image which may upset, hurt or  embarrass them or others  \* learn how to report the misuse of personal information or sharing of upsetting content/  images online  **NB Make links to Spring term 2 objectives** | CWP Puberty Lesson 2  Communication in Relationships  \*Explain differences between healthy and unhealthy relationships  \*Know that communication and permission seeking are important  {CWP Puberty Lesson 1-Puberty and Reproduction- to be delivered to all Year 6 in Science  ]  NB Previous Health and Wellbeing objectives covered in previous term | CWP Puberty Lesson 4  Online Relationships  \*To have considered when it is appropriate to share  personal/private information in a relationship  \*To know how and where to get support if an online relationship goes wrong  {CWP PubertyLesson 3- Considering different ways people might start a family- to be delivered to all Year 6 in Science]  NB Previous Health and Wellbeing objectives covered in previous term | \*learn to recognise some of the changes as they grow up e.g. increasing independence  \*learn about what being more independent might be like, including how it may feel  \*learn about the transition to secondary school and how this may affect their feelings  \*learn about how relationships may change as they grow up or move to secondary school  g  \*learn practical strategies that can help to manage times of change and transition e.g.  practising the bus route to secondary school  **REVIEW THE YEAR-**  **Positives**  **Room for improvement**  **What needs to change?**  **What’s missing?** |
| **Resources** |  | [NSPCC Share Aware resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources)  [City of London Police: 'Cyber Detectives' lesson plans, KS2 | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/city-london-police-cyber-detectives-lesson-plans) | [NSPCC ‘Making sense of relationships’ lesson plans and guidance (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-%E2%80%98making-sense-relationships%E2%80%99-lesson-plans)  [Every Mind Matters teaching resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/every-mind-matters-teaching-resources)  [NSPCC Share Aware resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-share-aware-resources)  [Trust Me by Childnet | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/trust-me-childnet)  [City of London Police: 'Cyber Detectives' lesson plans, KS2 | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/city-london-police-cyber-detectives-lesson-plans) | CWP Resources | CWP Resources | [NSPCC ‘Making sense of relationships’ lesson plans and guidance](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-%E2%80%98making-sense-relationships%E2%80%99-lesson-plans)  [(pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/nspcc-%E2%80%98making-sense-relationships%E2%80%99-lesson-plans)  [Every Mind Matters teaching resources | www.pshe-association.org.uk (pshe-association.org.uk)](https://www.pshe-association.org.uk/curriculum-and-resources/resources/every-mind-matters-teaching-resources)  [Mental wellbeing | Overview | PHE School Zone](https://campaignresources.phe.gov.uk/schools/topics/mental-wellbeing/overview) |

**KEY**

**HWB = Health and Wellbeing**

**● Each lesson to start with a) Setting/Recapping the Ground Rules b) Time to Talk (opportunity to share worries, subjects children wish to discuss, recent events…) c) Reflection of previous lesson d) Baseline assessment – what do the children already know about lesson focus?**

**● Anonymous suggestions/questions box to be created and kept in each class**